



Butterflies

Bereavement
Support Group

**ARE YOU A MUM OR DAD (of young children)
WHO HAS LOST A PARENT?**

Being a parent when you have experienced the loss of your own parent(s) may raise many issues. Butterflies aims to offer support within a caring, confidential and relaxed group, to mums and dads who have had similar experiences.

The group is facilitated by professionally trained bereavement counsellors, on hand to offer guidance and support.

For more information please call JBCS on **020 8951 3881**
or email enquiries@jbc.org.uk www.jbc.org.uk