

Aftershock

Helping young Jewish adults through bereavement

A SUPPORT GROUP FOR YOUNG ADULTS AGED 18-30 WHO HAVE LOST A PARENT

Group facilitated by trained professionals on hand to offer guidance and support

Meeting once a month in a friendly and comfortable environment

**For more information or to express an interest in joining this group
please contact JBCS on 020 8951 3881 or email enquiries@jbc.org.uk**